



Are you Ready?

Important Information to Know before your Special Delivery

- * Have a conversation with your doctor about whether or not you would like your male child to have a circumcision while they are in the hospital. You all should discuss the risks and benefits of this procedure before your delivery day.
 - * Make sure to find a pediatrician who will take care of your baby once they arrive. It's important to talk with the office and get established as a patient before you arrive for the big day.
 - * Consider whether or not you will be breastfeeding. A breastfeeding class is available before your baby's arrival which may help you feel more comfortable. Lactation Consultants will also be available for support while at the hospital and on an outpatient basis.
 - * If you are going to use a birth plan, please discuss all of the details with your doctor before you arrive. Also, please give a copy to your doctor and bring copies with you to the hospital as well.
 - * There are certain visitor guidelines in the **Labor & Delivery** area to provide the safest environment for you and baby. You are allowed **up to 3 visitors** in the room at any time. Family and friends can switch in/out at the mother's discretion.
 - * No children under 16 years of age are allowed to attend the delivery unless they have attended our Siblings Class. Please bring proof of class completion with you to the Labor & Delivery unit. Check our website www.TheMedicalCenter.org/OBclasses for dates/times.
 - * Siblings are allowed back in the Labor & Delivery area to visit at the nurses' discretion.
 - * Once your baby arrives he/she will have several special tests completed before discharge including a hearing screen, heart screen and lab work. Your baby's nurse will discuss these with you.
- ** Some important phone numbers to keep on hand if you have any questions:**

Labor & Delivery 270-796-2117
Lactation Consultant Office 270-796-2108
OB Education/Classes Office 270-796-2495

